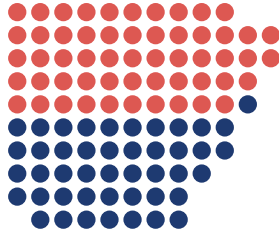


FOR EVERY 100 SENIORS AGE 65 OR OLDER

JULY 2026

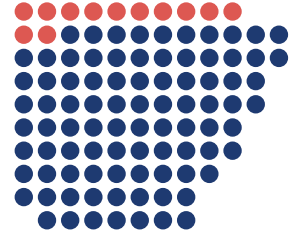
SEX¹

- 55 are female
- 45 are male



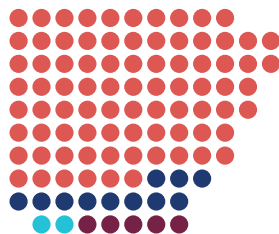
POVERTY¹

- 12 live in poverty
- 88 do not



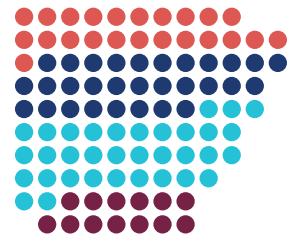
RACE¹

- 82 are White
- 11 are Black or African American
- 2 are another race alone
- 5 are of multiple races



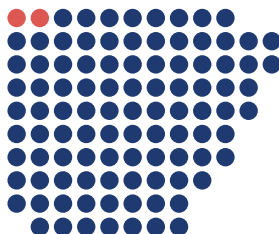
EDUCATION²

- 23 completed college or higher
- 30 received some education after high school (HS)
- 34 completed HS or GED
- 13 did not complete HS



ETHNICITY¹

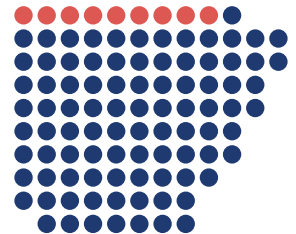
- 2 are Hispanic or Latino
- 98 are not



FOOD INSECURITY³

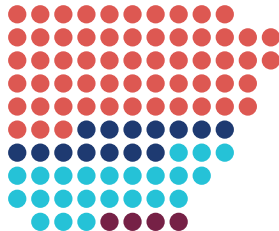
Among seniors age 60 or older

- 9 are food insecure
- 91 are not



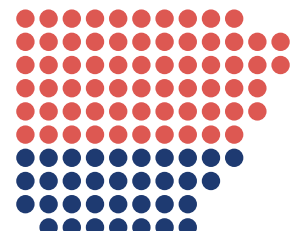
MARITAL STATUS²

- 59 are married or partnered
- 14 are divorced or separated
- 23 are widowed
- 4 have never married



HEALTH STATUS²

- 66 report good or better health
- 34 report fair or poor health



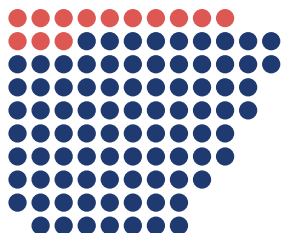
¹⁻³ For references: achi.net/publications/senior-health-arkansas-2026-update

FOR EVERY 100 SENIORS AGE 65 OR OLDER

JULY 2026

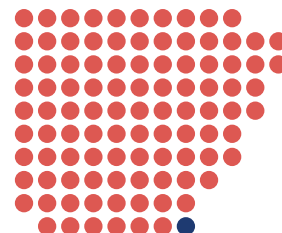
SMOKING²

- 13 smoke cigarettes
- 87 do not



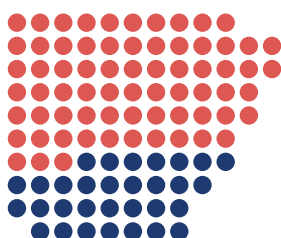
HEALTH COVERAGE¹

- 99 have health coverage
- 1 does not



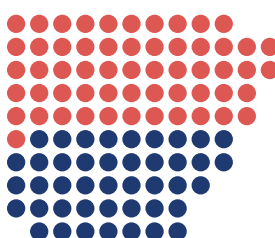
OVERWEIGHT OR OBESITY²

- 69 have overweight or obesity
- 31 do not



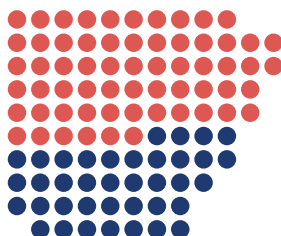
DENTAL VISIT²

- 57 had a dental visit in the past year
- 43 did not



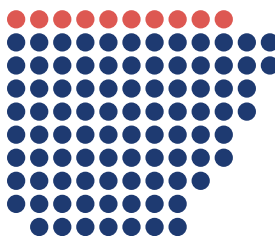
EXERCISE²

- 62 exercised in the past month
- 38 did not



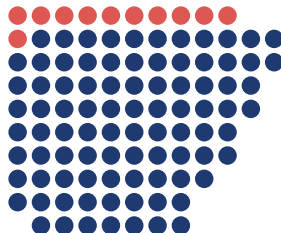
ASTHMA²

- 10 have asthma
- 90 do not



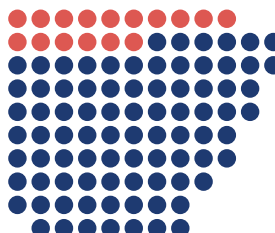
FREQUENT MENTAL DISTRESS²

- 11 report experiencing poor mental health for 14 or more days in the past 30 days
- 89 do not



CARDIOVASCULAR DISEASE²

- 16 have angina or coronary heart disease
- 84 do not



¹⁻³ For references: achi.net/publications/senior-health-arkansas-2026-update