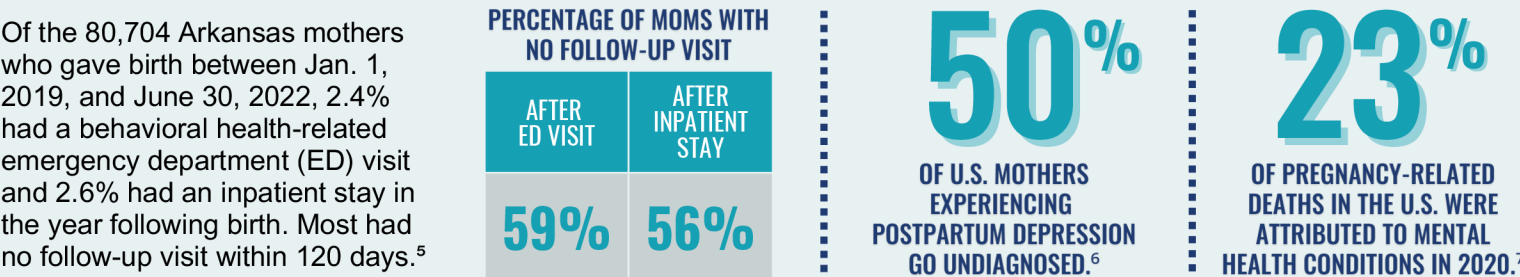


MATERNAL DEPRESSION DURING THE BIRTHING JOURNEY

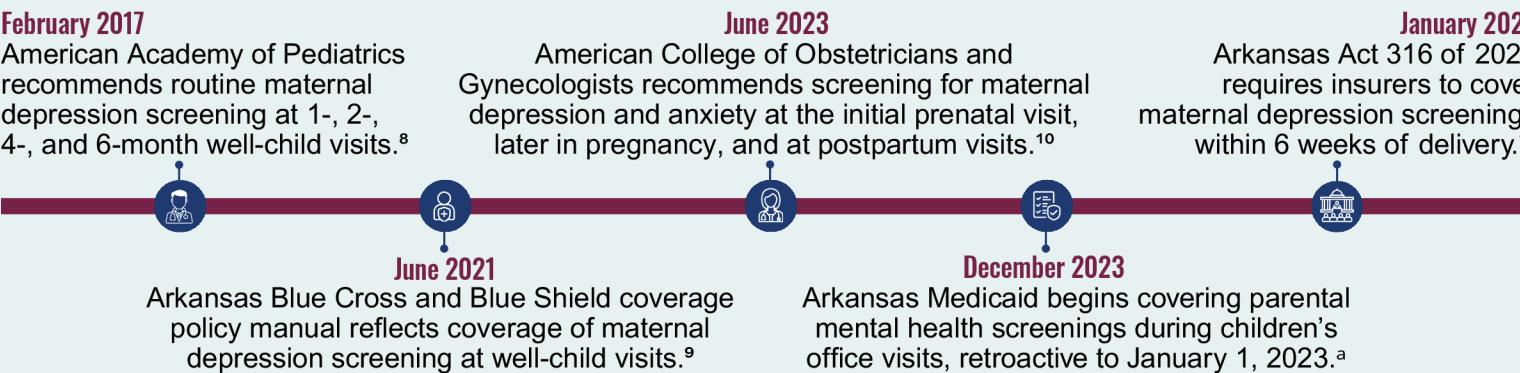
AUGUST 2025

- Maternal depression, or perinatal depression, is a mood disorder that occurs during pregnancy and after childbirth.
- Maternal depression during the postpartum period, also known as postpartum depression, can begin at any time in the first year after childbirth.
- Maternal depression is treatable with support. Untreated maternal depression can negatively impact a mom's overall health, family bonding, and infant development.¹

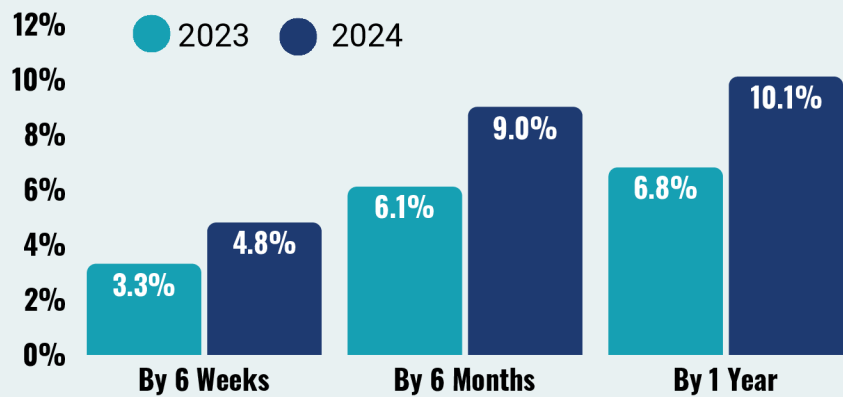
By the Numbers



Depression Screening Recommendations and Policy Changes Timeline



Arkansas Mothers With Paid Postpartum Depression Screening by Time Frame



This chart shows the percentages of Arkansas mothers who gave birth in 2022 or 2023 and had paid claims for postpartum depression screening (i.e., the provider who performed the screening was reimbursed by a payer) by 6 weeks, 6 months, and 1 year postpartum. The increases from 2022 to 2023 demonstrate the impact of screening recommendation and policy changes.

Data source: Arkansas Healthcare Transparency Initiative's All-Payer Claims Database.