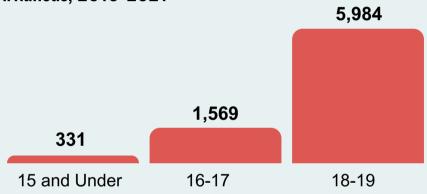
## TEEN BIRTHS AND TEEN BIRTH SPACING IN ARKANSAS

Despite declines over the past three decades, Arkansas continues to have one of the highest birth rates among 15-to-19-year-olds in the U.S. with 26.5 births per 1,000 teens in 2021, compared to 14 births per 1,000 teens nationally, according to the Centers for Disease Control and Prevention. ACHI used data from 2019 through 2021 to determine the numbers of teen births among different age groups and the rates of teen births per 1,000 females by age group and public health region.

Births<sup>a</sup> Among Females Age 19 and Under in Arkansas, 2019-2021

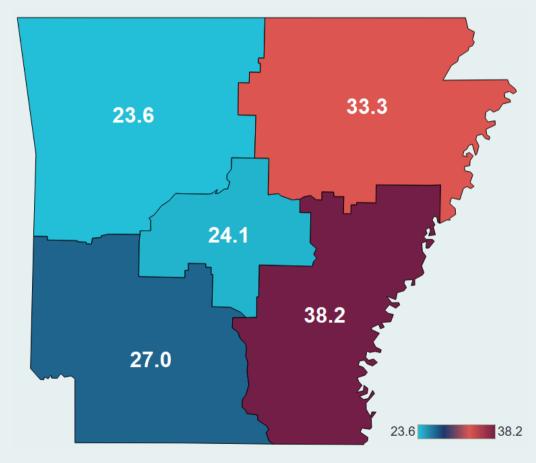


Births<sup>a</sup> per 1,000 Females Age 19 and Under in Arkansas (Annualized Three-Year Average, 2019-2021)

158.5



Teen Births per 1,000 Females Ages 15-19 by Arkansas Public Health Region (Annualized Three-Year Average, 2019-2021)





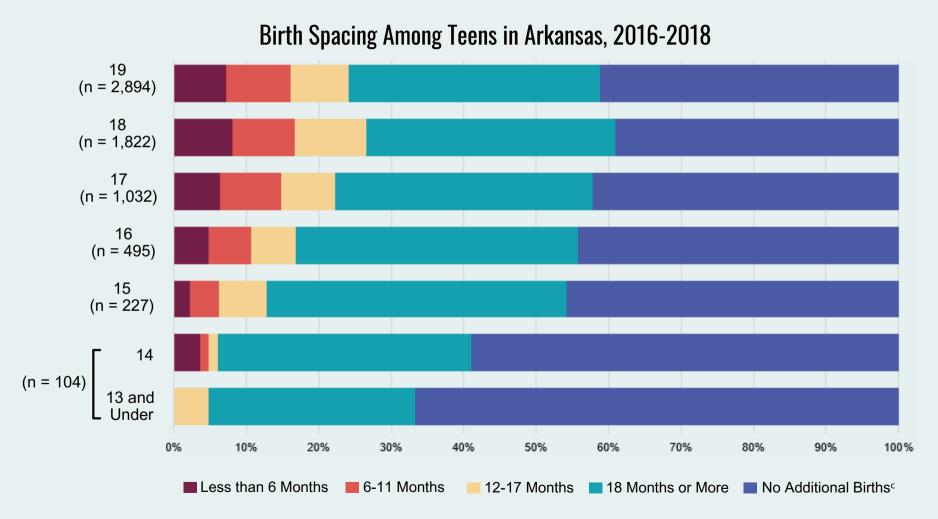
<sup>&</sup>lt;sup>1</sup> For references: achi.net/library/teen-births-and-teen-birth-spacing-in-arkansas

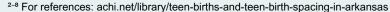
achi.net

<sup>&</sup>lt;sup>a</sup> This analysis includes live births to females ages 11 to 19.

## TEEN BIRTHS AND TEEN BIRTH SPACING IN ARKANSAS

Birth spacing (also known as interpregnancy interval) refers to how soon after a prior pregnancy a subsequent pregnancy is conceived. The recommended spacing from giving birth to conceiving another pregnancy is at least 18 months. Shorter intervals have been associated with increased risk of preterm labor and low birthweight.<sup>2–8</sup> The graph below shows how soon a second pregnancy was conceived among teen mothers in Arkansas based on their age at the time of their first birth.<sup>b</sup>





<sup>&</sup>lt;sup>b</sup> This analysis includes in-state live births to Arkansas females ages 12 to 19.

Data source: Arkansas Department of Health birth records.

<sup>&</sup>lt;sup>c</sup> No additional births recorded through 2022.