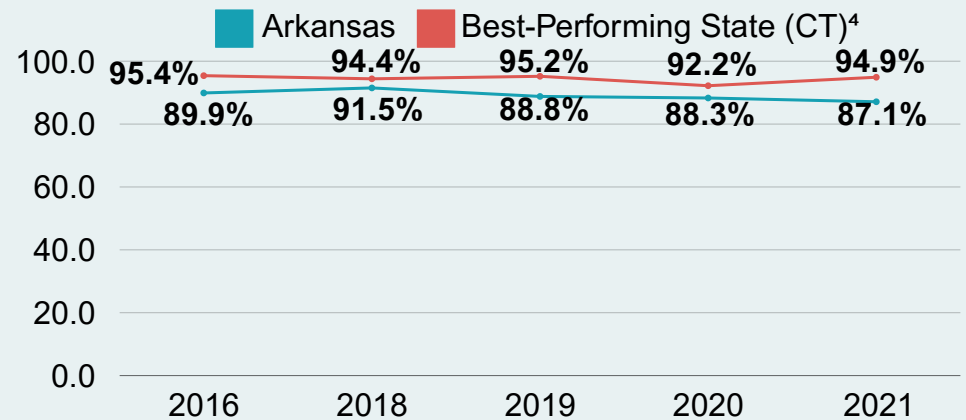


### MATERNAL POSTPARTUM CHECKUP

For every 100 new Arkansas moms<sup>1</sup> in 2021, **87 had a maternal postpartum<sup>2</sup> checkup.**



The percentage of new Arkansas moms with a maternal postpartum checkup **decreased 2.8 percentage points** between 2016 and 2021.<sup>3</sup>

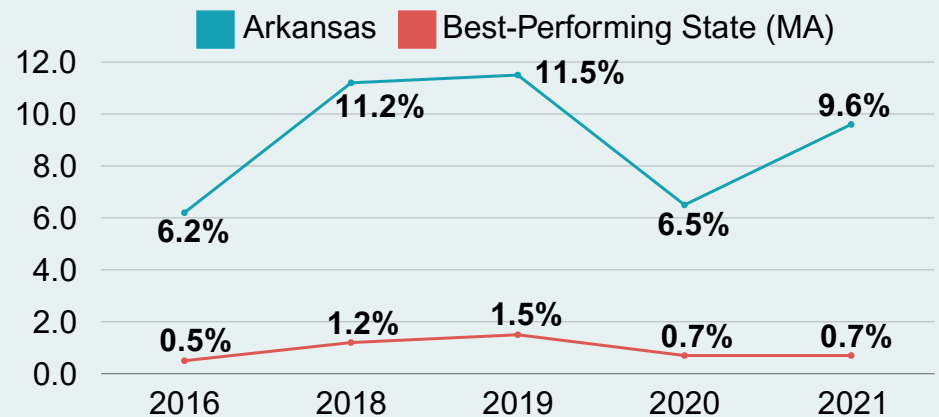


### UNINSURED STATUS

For every 100 new Arkansas moms in 2021, **10 had no insurance in the postpartum period.**



The percentage of new Arkansas moms with no insurance in the postpartum period **increased 3.4 percentage points** between 2016 and 2021.



Source: Centers for Disease Control and Prevention, Pregnancy Risk Assessment Monitoring System.

<sup>1</sup>New moms include women who gave birth two to four months prior to survey administration.

<sup>2</sup>The time frame for the postpartum period is two to four months after delivery.

<sup>3</sup>Arkansas data unavailable for 2017.

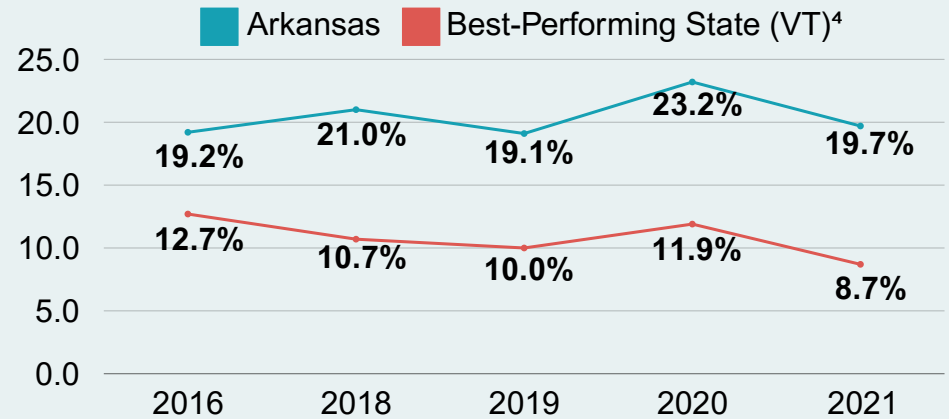
<sup>4</sup>Arkansas rates compared to measure's best-performing state with comparable years of data.

### POSTPARTUM DEPRESSION

For every 100 new Arkansas moms<sup>1</sup> in 2021, **20 reported experiencing postpartum<sup>2</sup> depression.**



The percentage of new Arkansas moms who reported experiencing postpartum depression **increased less than 1 percentage point** between 2016 and 2021.<sup>3</sup>

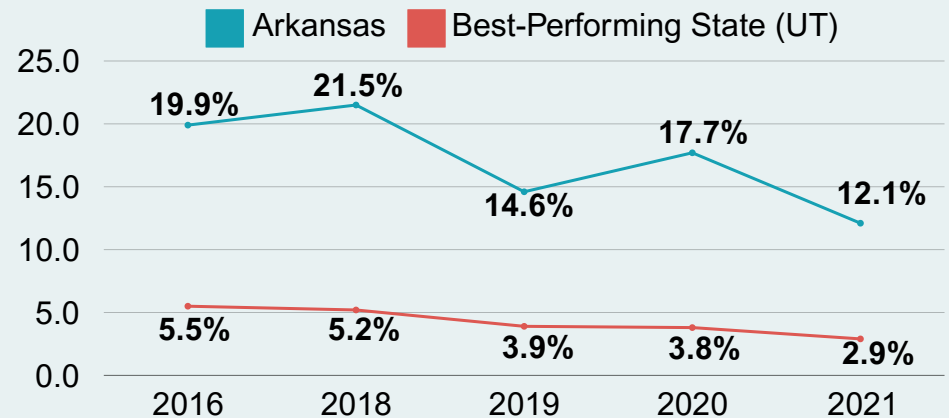


### CIGARETTE USE

For every 100 new Arkansas moms in 2021, **12 smoked cigarettes in the postpartum period.**



The percentage of new Arkansas moms who smoked cigarettes in the postpartum period **decreased 7.8 percentage points** between 2016 and 2021.

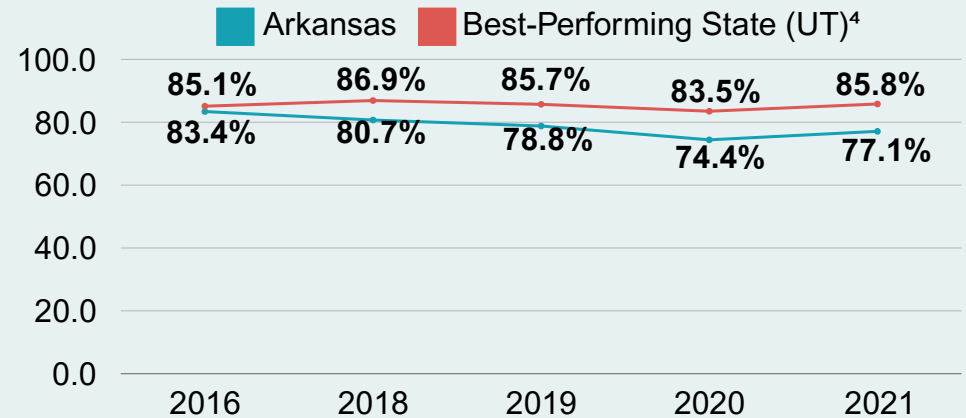


### USE OF ANY POSTPARTUM CONTRACEPTION

For every 100 new Arkansas moms<sup>1</sup> in 2021, **77 reported using any form of contraception in the postpartum<sup>2</sup> period.**



The percentage of new Arkansas moms who reported using any form of contraception in the postpartum period **decreased 6.3 percentage points** between 2016 and 2021.<sup>3</sup>

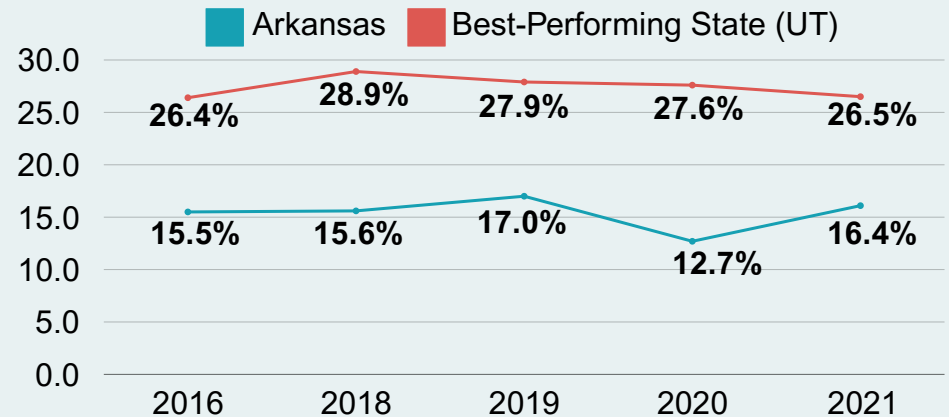


### USE OF LONG-ACTING REVERSIBLE CONTRACEPTION

For every 100 new Arkansas moms in 2021, **16 reported using long-acting reversible contraception in the postpartum period.**



The percentage of new Arkansas moms who used long-acting reversible contraception in the postpartum period **increased less than 1 percentage point** between 2016 and 2021.



Source: Centers for Disease Control and Prevention, Pregnancy Risk Assessment Monitoring System.

<sup>1</sup>New moms include women who gave birth two to four months prior to survey administration.

<sup>2</sup>The time frame for the postpartum period is two to four months after delivery.

<sup>3</sup>Arkansas data unavailable for 2017.

<sup>4</sup>Arkansas rates compared to measure's best-performing state with comparable years of data.

# 100 ARKANSAS MOMS

## Postpartum Risk Factors

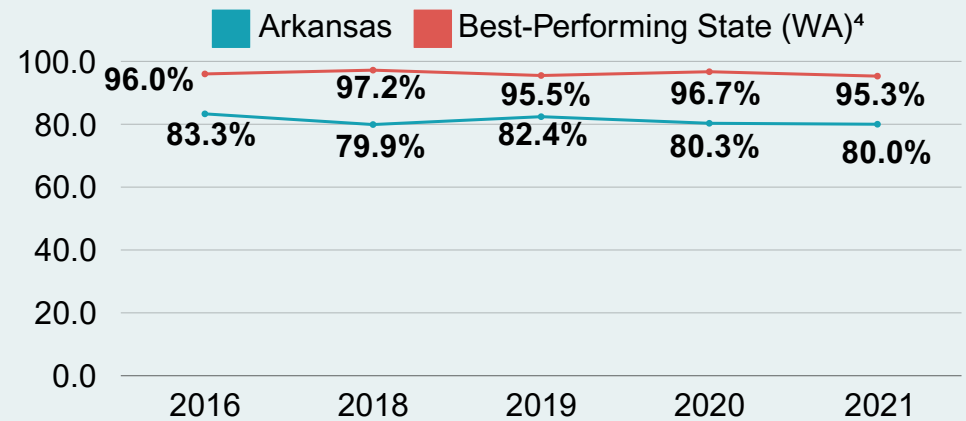
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2024

For every 100 new Arkansas moms<sup>1</sup> in 2021, **80 reported ever breastfeeding in the postpartum<sup>2</sup> period.**



### EVER BREASTFED

The percentage of new Arkansas moms who reported ever breastfeeding in the postpartum period **decreased 3.3 percentage points** between 2016 and 2021.<sup>3</sup>

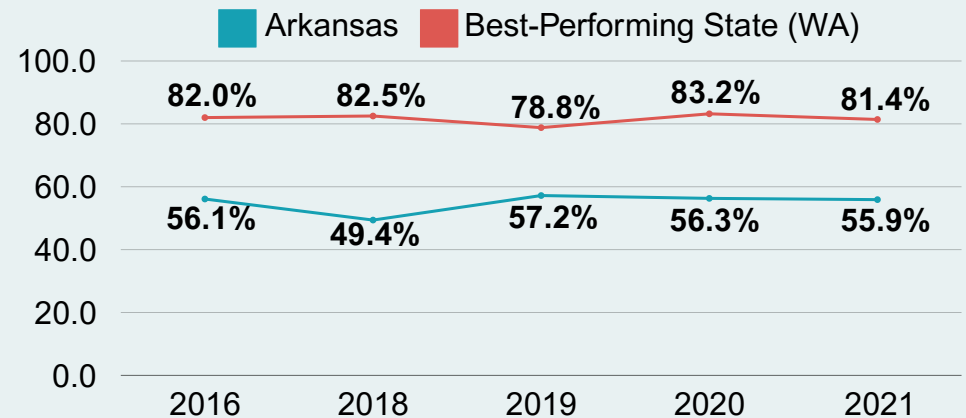


### BREASTFEEDING AT 8 WEEKS

For every 100 new Arkansas moms in 2021, **56 reported breastfeeding at 8 weeks postpartum.**



The percentage of new Arkansas moms who reported breastfeeding at 8 weeks postpartum **remained stable** between 2016 and 2021.



Source: Centers for Disease Control and Prevention, Pregnancy Risk Assessment Monitoring System.

<sup>1</sup>New moms include women who gave birth two to four months prior to survey administration.

<sup>2</sup>The time frame for the postpartum period is two to four months after delivery.

<sup>3</sup>Arkansas data unavailable for 2017.

<sup>4</sup>Arkansas rates compared to measure's best-performing state with comparable years of data.