

100 ARKANSAS MOMS

Pre-Pregnancy Risk Factors

FEBRUARY
2024

For every 100 new Arkansas moms¹ in 2021, **62 had a healthcare visit in the 12 months prior to pregnancy.**

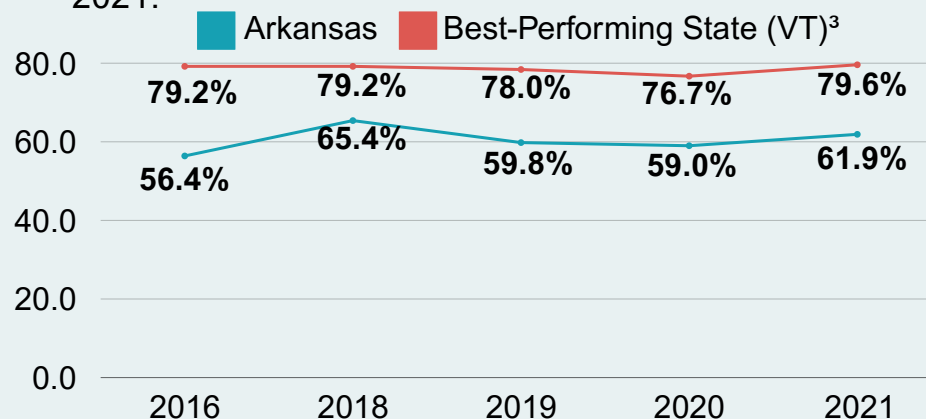


For every 100 new Arkansas moms in 2021, **14 had no insurance one month prior to pregnancy.**



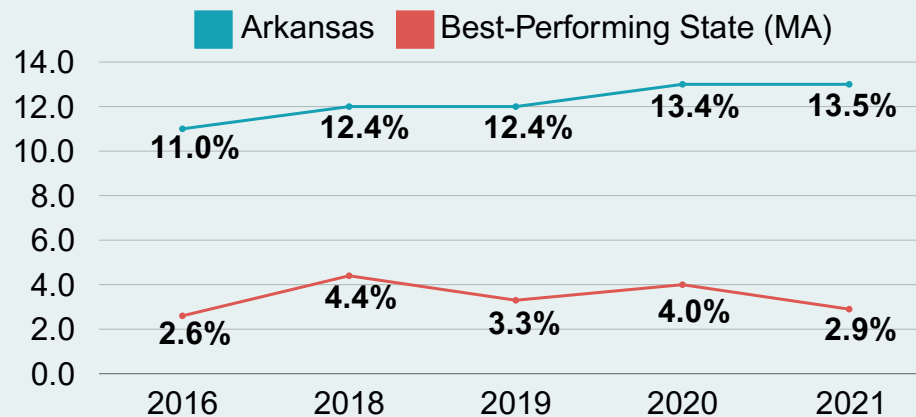
HEALTHCARE VISIT

The percentage of new Arkansas moms with a healthcare visit in the 12 months prior to pregnancy **increased 5.5 percentage points** between 2016 and 2021.²



UNINSURED STATUS

The percentage of new Arkansas moms with no insurance one month prior to pregnancy increased **2.5 percentage points** between 2016 and 2021.



Source: Centers for Disease Control and Prevention, Pregnancy Risk Assessment Monitoring System.

¹New moms include women who gave birth two to four months prior to survey administration.

²Arkansas data unavailable for 2017.

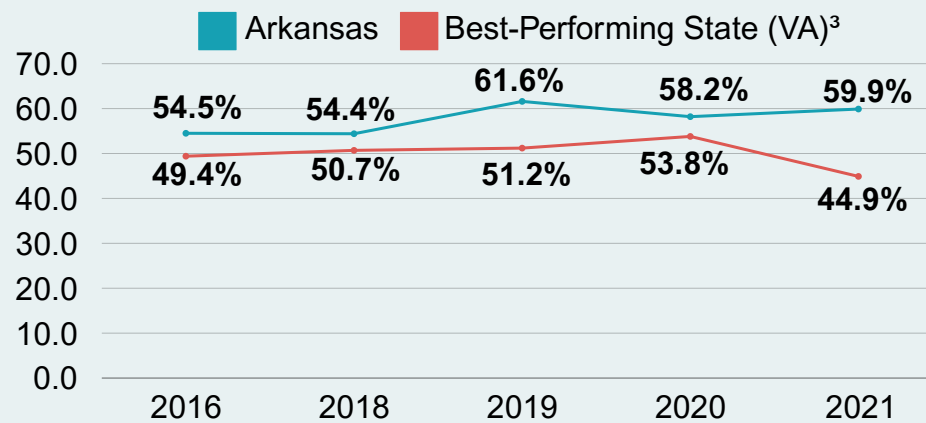
³Arkansas rates compared to measure's best-performing state with comparable years of data.

BODY MASS INDEX (BMI) IN THE OVERWEIGHT OR OBESE RANGE

For every 100 new Arkansas moms¹ in 2021, **60 had a BMI in the overweight or obese range.**



The percentage of new Arkansas moms with a BMI in the overweight or obese range **increased 5.4 percentage points** between 2016 and 2021.²

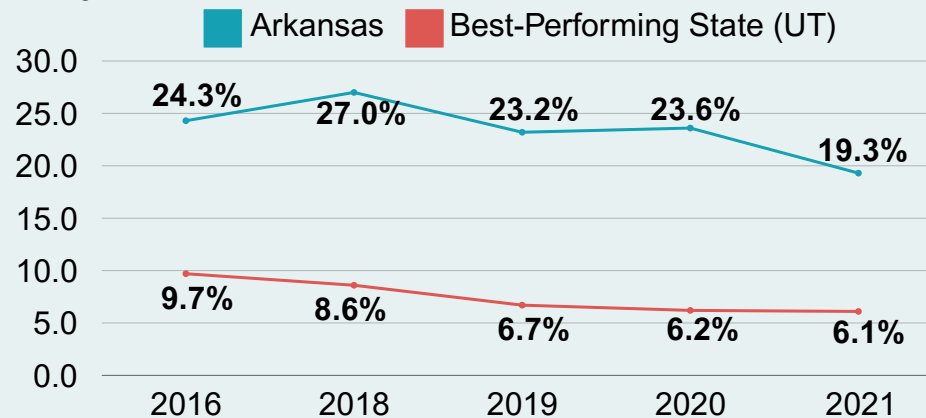


For every 100 new Arkansas moms in 2021, **19 smoked cigarettes in the three months prior to pregnancy.**



CIGARETTE USE

The percentage of new Arkansas moms who smoked cigarettes in the three months prior to pregnancy **decreased 5 percentage points** between 2016 and 2021.



Source: Centers for Disease Control and Prevention, Pregnancy Risk Assessment Monitoring System.

¹New moms include women who gave birth two to four months prior to survey administration.

²Arkansas data unavailable for 2017.

³Arkansas rates compared to measure's best-performing state with comparable years of data.

For every 100 new Arkansas moms¹ in 2021, **39** took a multivitamin four or more times a week during the month before pregnancy.

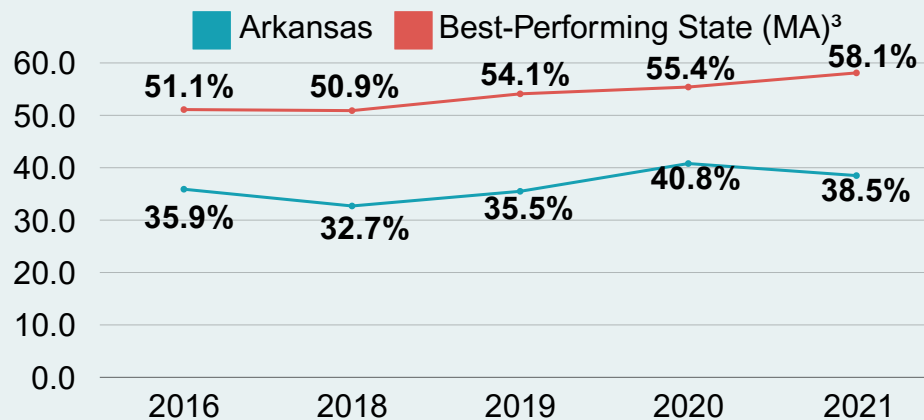


For every 100 new Arkansas moms in 2021, **49** received a flu shot in the 12 months prior to delivery.



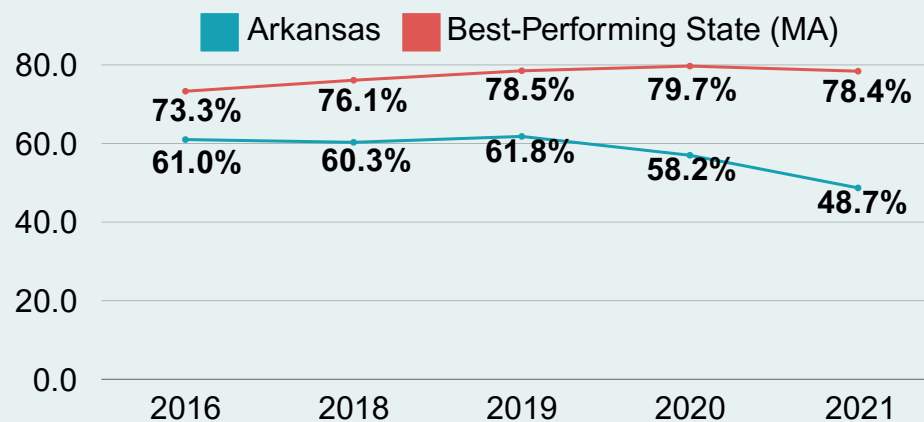
MULTIVITAMIN USE

The percentage of new Arkansas moms who took a multivitamin four or more times a week during the month before pregnancy **increased 2.6 percentage points** between 2016 and 2021.²



FLU SHOT

The percentage of new Arkansas moms who received a flu shot in the 12 months prior to delivery **decreased 12.3 percentage points** between 2016 and 2021.



Source: Centers for Disease Control and Prevention, Pregnancy Risk Assessment Monitoring System.

¹New moms include women who gave birth two to four months prior to survey administration.

²Arkansas data unavailable for 2017.

³Arkansas rates compared to measure's best-performing state with comparable years of data.

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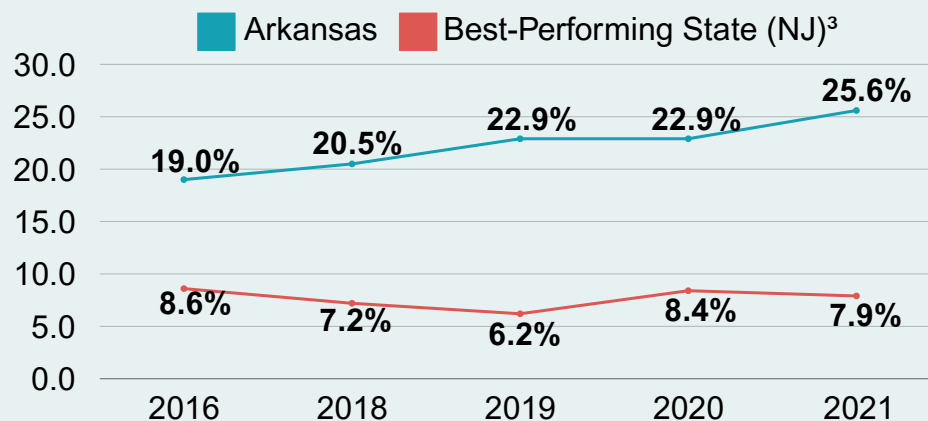
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For every 100 new Arkansas moms¹ in 2021, **26 reported experiencing depression in the three months prior to pregnancy.**



DEPRESSION

The percentage of new Arkansas moms who reported experiencing depression in the three months prior to pregnancy **increased 6.6 percentage points** between 2016 and 2021.²

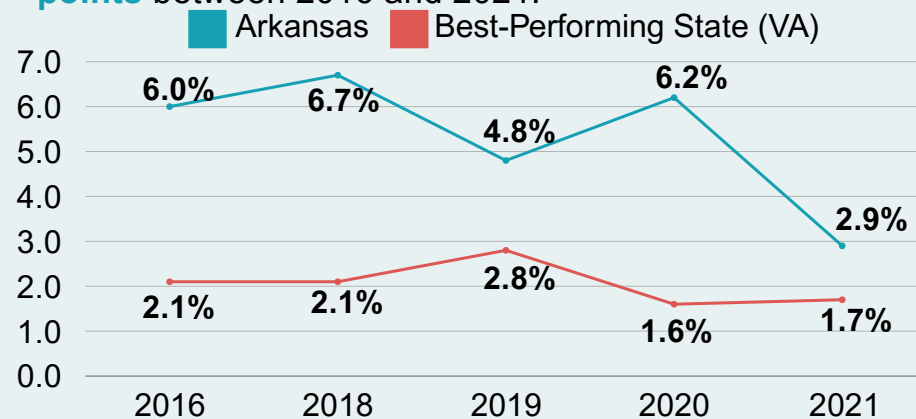


INTIMATE PARTNER VIOLENCE

For every 100 new Arkansas moms in 2021, **3 reported experiencing intimate partner violence during the 12 months prior to pregnancy.**



The percentage of new Arkansas moms who reported experiencing intimate partner violence during the 12 months prior to pregnancy **decreased 3.1 percentage points** between 2016 and 2021.



Source: Centers for Disease Control and Prevention, Pregnancy Risk Assessment Monitoring System.

¹New moms include women who gave birth two to four months prior to survey administration.

²Arkansas data unavailable for 2017.

³Arkansas rates compared to measure's best-performing state with comparable years of data.