100 ARKANSANS PROJECT: For Every 100 Seniors Age 65 or Older

HEALTH STATUS²

68 report good or better health32 report fair or poor health



GENDER¹

56 are female44 are male

RACE¹

87 are white10 are African American3 are another race

ETHNICITY¹

2 are Hispanic or Latino 98 are not



MARITAL STATUS²

48 are married or partnered
13 are divorced or separated
36 are widowed
3 have never married

POVERTY¹

11 live in poverty89 do not



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EDUCATION²

- 28 have completed college or higher
- 24 have completed some post-high school
- **36** have completed high school or GED
- 12 have not completed high school

FOOD INSECURITY³

20 are food insecure80 are not







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TOBACCO USE²

10 smoke **90** do not



OBESITY²

63 are are obese or overweight37 are not

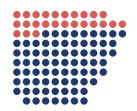


EXERCISE²

60 exercised in the past month40 did not

VEGETABLE CONSUMPTION²

25 consume vegetables more than once a day75 do not



^{1,2,3} Visit <u>achi.net/library/senior-health-arkansas</u> for references



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HEALTH COVERAGE¹

- 1 has private coverage
- **41** have public coverage
- 57 have private and public coverage
- 1 is uninsured

DENTAL VISIT²

61 had a dental visit in the past year39 did not



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ASTHMA²

9 have asthma 91 do not



CARDIOVASCULAR DISEASE²

15 have angina or coronary heart disease**85** do not



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